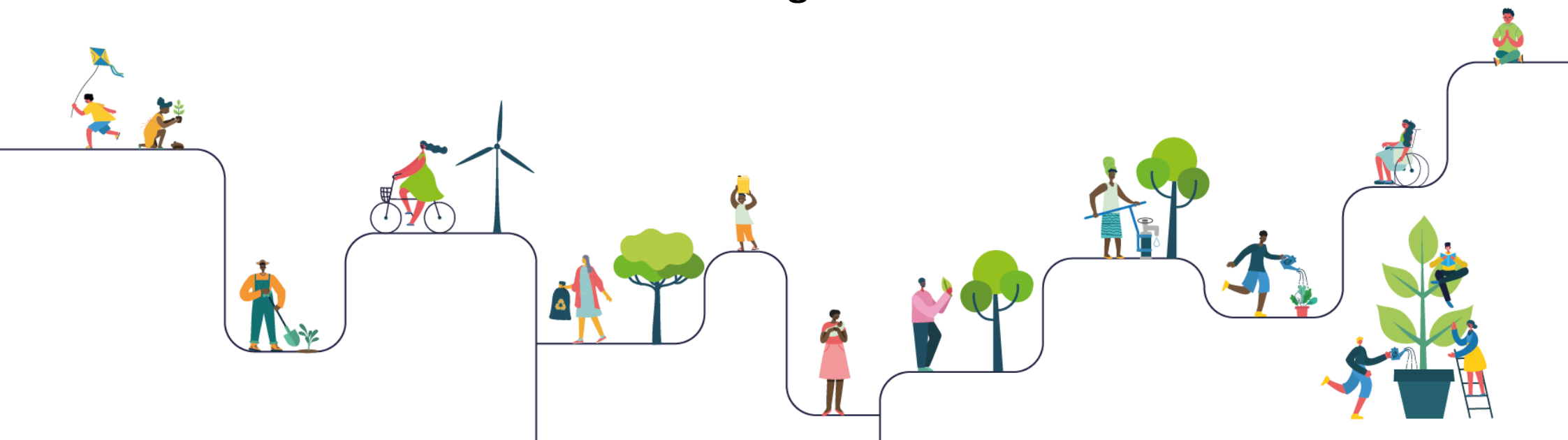


LiveSimply

NAME OF SCHOOL : St John's Catholic Primary School

CONTACT NAME : Alex Bingham



The **Live**Simply action planning form

Please refer to the **Live**Simply action planning guide for details on how to fill out this planning document.

GLOBAL	<p>Description of action: LIVING SUSTAINABLY</p> <p>During Fairtrade Fortnight, the school will take part in a "Fairtrade Tuck Shop / Fairtrade Snack Day." Pupils will be encouraged to bring or buy Fairtrade snacks (e.g. bananas, chocolate, raisins, tea/coffee for staff). Posters and assemblies led by the School Council will raise awareness of Fairtrade and its role in ensuring farmers are paid fairly and can live sustainably.</p> <p>Faith Input:</p> <ul style="list-style-type: none"> • Link to Catholic Social Teaching: "The dignity of work and the rights of workers" and "Solidarity". • Scripture link: "The labourer deserves their wages" (Luke 10:7). • Whole-school prayer service/assembly reflecting on global family and fairness. • Include CAFOD prayer for Fairtrade farmers, asking God to bless their work and families. <p>Education input:</p> <ul style="list-style-type: none"> • Use CAFOD's Fairtrade resources (stories of farmers such as those growing cocoa or coffee). • Lessons exploring where our food comes from and how Fairtrade supports justice. • KS1: Learn about the Fairtrade logo and why it matters. • KS2: Debate/discussion on how buying choices impact global neighbours. • Cross-curricular links: geography (food miles), maths (comparing prices), English (persuasive writing on why we should buy Fairtrade). 	<p>Description of action:</p> <p>We will take part in the CAFOD Big Lent Walk. The whole school will take part in a sponsored walk to raise funds for, and awareness of, CAFOD's work in supporting our global family.</p> <p>Faith Input:</p> <p>Scripture links about walking with Jesus during Lent; prayer intentions for global family. "If anyone would come after me, let him deny himself and take up his cross and follow me." — Mt 16:24 showing that walking with Jesus means sacrifice and choosing love.</p> <p>Education input:</p> <p>Use CAFOD's Lent resources and global stories to show pupils how their actions support others worldwide.</p>	<p>Description of action:</p> <p>LIVING IN SOLIDARITY</p> <p>We will take part in Refugee Week, raising awareness and spending time in prayer for our fellow brothers and sisters forced to flee their homes overseas (15th - 21st June 2026).</p> <p>Faith Input:</p> <p>Scripture link: "Remember those who are in prison, as though you were in prison with them; those who are being mistreated, as though you yourselves were suffering." (Hebrews 13:3)</p> <p>Catholic Social Teaching link: Solidarity — recognising that we are one human family, and standing with our brothers and sisters facing persecution.</p> <p>Liturgy and prayers will focus on courage, peace, and faithfulness, inspired by the witness of the martyrs.</p> <p>Education input:</p> <p>Cross-curricular links:</p> <ul style="list-style-type: none"> • RE: prayer, scripture on welcome/hospitality; intercessions for refugees; CST. • PSHE/RHE: empathy, inclusion, challenging prejudice; rights and responsibilities. • Geography: migration/climate; maps and countries of origin/hosting. • English: letters of welcome, persuasive writing for awareness, poetry of hope. • Art/DT: "suitcase of hope" collage; paper boats with prayers. • Computing: create a short awareness video or digital poster.
LOCAL	<p>Description of action:</p> <p>The cost of living crisis is affecting more and more people on a daily basis. We will spend the year supporting our local food banks with a food drive around Harvest, Christmas, Easter and the summer. We share this information with our community through Parent Hub and the school's newsletter. Pupils will be involved in collecting and sorting the donations as well as helping deliver them to the food bank.</p>	<p>Description of action:</p> <p>During Advent, the school will take part in a "Reverse Advent Calendar" to support Father Hudson's Caritas. Instead of receiving a small gift each day, children and families will be invited to bring in items (e.g. food, toiletries, warm clothing) which will be donated to those in need. This will help pupils prepare for Christmas by giving generously rather than receiving.</p> <p>Faith Input:</p>	<p>Description of action:</p> <p>Promote walking, cycling, and scooting to school to reduce traffic and increase safety in our local area. We will hold a "Walk/Cycle/Scoot to School Day" in March, as the days get longer and we move into Spring, encouraging families to take part together.</p> <p>Faith Input:</p>

	<p>Faith Input: CST links - Human dignity, solidarity, preferential option for the poor. We will also consider the work of St Francis for Live Simply (simplicity, creation), St Vincent de Paul / St Louise for Live in Solidarity (charity work), St Oscar Romero for global justice.</p> <p>Education input: We will ask a representative from the food bank to come and speak to the children here in school to explain more about their work and how they help those living in poverty and in need in Banbury.</p>	<p>Scripture link: “For I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me.” (Mt 25:35) CST link: Option for the Poor and Vulnerable — putting the needs of the poor first and acting in solidarity. Prayer and liturgies will focus on Advent as a season of hope, preparing not just for Jesus’ birth, but for welcoming Him in those in need today.</p> <p>Education input: Pupils will learn about the work of Father Hudson’s Caritas and how their donations make a difference to people locally. Links with RE lessons on Advent as a season of waiting, hope, and giving. Children reflect on the meaning of charity, gratitude, and living out their faith in action.</p>	<p>Scripture link: “Let us walk in the light of the Lord.” (Isaiah 2:5) — connecting the act of walking with choosing a positive path together. Catholic Social Teaching link: Care for God’s Creation — making small choices that protect the environment, reduce pollution, and promote health. Include prayer intentions for safety on our roads and gratitude for God’s gift of creation.</p> <p>Education input: Children learn about the benefits of active travel (health, safety, environment). Links with science (healthy bodies), geography (local environment and reducing pollution), and RSHE (community responsibility). Eco-warriors can lead the campaign and collect feedback on its impact.</p>
SCHOOL	<p>Description of action: The chaplaincy team will help to design and create an outdoor prayer space, building on the existing memorial for a former pupil. This space will provide pupils, staff, and visitors with a quiet place for prayer, reflection, and remembrance. It will also enhance the school grounds, making them a more peaceful and welcoming environment.</p> <p>Faith Input: Scripture link: “Be still, and know that I am God.” (Psalm 46:10) — highlighting the value of stillness and prayer. Catholic Social Teaching link: Dignity of the Human Person — recognising that every person’s spiritual and emotional well-being matters. Chaplaincy liturgy/ Fr Philip (Parish Priest) to bless and dedicate the prayer space, involving pupils and parish.</p> <p>Education input: Pupils will reflect on the importance of prayer and stillness in the Christian life. Links with RE lessons on different forms of prayer and ways of encountering God. Eco links: children will see how caring for and beautifying the school environment can support spiritual well-being. RSHE links: understanding mental health, peace, and mindfulness.</p>	<p>Description of action: The school will hold a “Unique Week”, where each day pupils will explore and share the gifts and talents that God has blessed them with. Activities will include class reflections on individual strengths, opportunities to showcase talents (music, art, sport, leadership, kindness), and projects that use these gifts to serve others in school, parish, and community. The week will end with a whole-school celebration liturgy, where pupils offer their talents back to God in thanksgiving.</p> <p>Faith Input: Scripture links: “We have different gifts, according to the grace given to each of us.” (Romans 12:6) “Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace.” (1 Peter 4:10) “I praise you because I am fearfully and wonderfully made.” (Psalm 139:14) Catholic Social Teaching links: Dignity of the Human Person — recognising every child is made in God’s image with unique gifts. Participation — encouraging pupils to use their talents for the good of the community. Solidarity — sharing our gifts to support and uplift others. Daily prayers of thanksgiving for talents, with children leading worship using their own gifts (music, drama, art, public speaking). Parish priest to join the celebration liturgy.</p>	<p>Description of action: The school will run a whole-school art competition on sustainability, where pupils create artwork inspired by the theme “Caring for Our Common Home.” Entries could include paintings, posters, sculptures from recycled materials, or digital art. Winning pieces will be displayed in school, and entered into local/community competitions if available. The project will raise awareness of sustainability and celebrate children’s creativity as a way of protecting God’s creation.</p> <p>Faith Input: Scripture links: “The Lord God took the man and put him in the garden of Eden to till it and keep it.” (Genesis 2:15) “The earth is the Lord’s, and everything in it.” (Psalm 24:1) “Let everything that has breath praise the Lord.” (Psalm 150:6) Catholic Social Teaching links: Stewardship of Creation — promoting care for God’s creation through sustainable living. Solidarity — recognising that environmental challenges affect our global family, especially the poor. The Common Good — using creativity to inspire positive change for all. A prayer service to open the competition, asking the Holy Spirit to inspire creativity for the good of the planet. Final celebration assembly with thanksgiving prayers for creation and the talents of pupils.</p>

		<p>Education input:</p> <p>Cross-curricular links:</p> <p>English: reflective writing on personal talents and how they can serve others.</p> <p>RE: exploring parable of the talents (Matthew 25:14–30) and how God calls us to use our gifts wisely.</p> <p>Art/Music/PE: showcasing creative and physical talents in a “LiveSimply Showcase.”</p> <p>RSHE: recognising self-worth, building confidence, and valuing others’ gifts.</p> <p>Citizenship: linking talents to service and vocation in the Church and wider society.</p> <p>Pupils will learn that talents are God-given gifts to be nurtured, celebrated, and used for the common good — not just for personal success.</p>	<p>Education input:</p> <p>Cross-curricular links:</p> <p>Art/DT: use of recycled and sustainable materials, exploring eco-artists for inspiration.</p> <p>Science/Geography: learning about ecosystems, recycling, and the impact of pollution on the earth.</p> <p>English: writing artist’s statements explaining the sustainability message in their work.</p> <p>RE: reflecting on Laudato Si’ and Pope Francis’ call to care for our common home.</p> <p>Pupils will learn about sustainability in practical and creative ways, linking faith with action, and will use their talents to spread messages of hope and change.</p>
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LiveSimply

Criteria for live simply: To take action towards living a simpler lifestyle including slowing down and finding time to pray and reflect, refusing and reducing on what we consume, spending more time on the simpler things in life including reflective time with family and friends, time in nature.

Brief description of main action:

We will take part in CAFOD's Big Lent Walk. This will be our global action which will run alongside the Good Shepherd Appeal (local). We will encourage our children to take part in our school fundraising to help others in our world.

How will you plan for a wider community engagement?

We will advertise to the school community and within the parish and encourage others to take part including sharing weekly updates towards our goals and any photos that we can share on our school platform.

FAITH | LEARN | ACT

What faith-based resources will you use?

Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials.

CST to include preferential option for the poor and CAFOD resources to help teach around this. The children must know that this is action towards helping the needy and vulnerable.

What educational resources will you use?

These can include CAFOD educational resources, or other resources that provide a learning journey.

Senior leaders will guide and empower staff members to use the chapel appropriately for prayer and liturgy services with groups of children or whole class. Our subscription to Ten:Ten will support this as well as other resources readily available (CAFOD, Wendesday Word, etc). We link everything we do to the weekly teachings of the Gospel (Gospel assemblies) which is already in place and being run by the children on a weekly basis.

Live Sustainably

Criteria for live sustainably: To take action towards protecting God's creation through personal actions. This can include taking action on how much we use and throwaway, supporting the work of eco clubs and other eco initiatives, taking environmentally positive action in the local community.

Brief description of main action:

Promote walking, cycling, and scooting to school to reduce traffic and increase safety in our local area. We will hold a "Walk/Cycle/Scoot to School Day" in March, as the days get longer and we move into Spring, encouraging families to take part together.

How will you plan for a wider community engagement?

We will advertise to the school community and within the parish and encourage others to take part including sharing weekly updates towards our goals and any photos that we can share on our school platform. In-house eco-warriors team to take a lead on this campaign.

FAITH | LEARN | ACT

What faith-based resources will you use?

Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials.

Scripture link: "Let us walk in the light of the Lord." (Isaiah 2:5) — connecting the act of walking with choosing a positive path together.

Catholic Social Teaching link: Care for God's Creation — making small choices that protect the environment, reduce pollution, and promote health.

Include prayer intentions for safety on our roads and gratitude for God's gift of creation.

What educational resources will you use?

These can include CAFOD educational resources, or other resources that provide a learning journey.

Children learn about the benefits of active travel (health, safety, environment).

Links with science (healthy bodies), geography (local environment and reducing pollution), and RSHE (community responsibility). Use of Ten:Ten/Life to the Full resources as well as CAFO.

Eco-warriors can lead the campaign and collect feedback on its impact.

Live in Solidarity

Criteria for live in solidarity: To take direct action to help our global family. This includes campaign action to raise awareness or challenge structures that impact negatively on our global neighbours, fundraising to help communities in need, and other global actions that make a difference to our global family.

Brief description of main action:

The whole school will take part in fundraising opportunities to raise funds and awareness for our local and global family (as this will run alongside our Big Lent Walk). We will learn a lot more about the CAFOD charity and why we donate money to them in order to support those who are needy and vulnerable. During Advent, the school will take part in a "Reverse Advent Calendar" to support Father Hudson's Caritas. Instead of receiving a small gift each day, children and families will be invited to bring in items (e.g. food, toiletries, warm clothing) which will be donated to those in need. This will help pupils prepare for Christmas by giving generously rather than receiving.

How will you plan for a wider community engagement?

Parish launch: invite your parish priest/deacon to bless the boxes in school and promote it at Sunday Masses. Home reflections: send home a prayer card or "daily reflection strip" with suggested family prayers linked to each week of Advent giving. School newsletter & website: include weekly updates, e.g. "Week 2: Toiletries collected – 54 items so far!" Invite Caritas staff to school to speak in assembly about how the donations make a difference.

FAITH | LEARN | ACT

What faith-based resources will you use?

Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials.

Option for the Poor and Vulnerable — putting the needs of the poor first and acting in solidarity.

What educational resources will you use?

These can include CAFOD educational resources, or other resources that provide a learning journey.

Fr Hudson's Caritas staff member to come and deliver an assembly.

Resources from Father Hudson's.

To register for the **LiveSimply** award, please fill out the form below, and send in your completed action plan to the address below. Upon receipt of your registration we will send you a registration certificate for you to display in your school.

Name of School

St John's RC Primary School

Address

Avocet Way, Banbury

Headteacher

Claire McGeehan

Contact Name

Alex Bingham

Email Address

alex.bingham@St-johns-banbury.oxon.sch.uk

Date

Please email a copy of your plan to schools@cafod.org.uk

**CAFOD Education team,
Romero House,
55 Westminster Bridge Road,
London SE1 7JB.**

☒ Yes, I would like to join an email list for the **LiveSimply** award where I will receive updates, ideas, links to action and further support.

CAFOD will process information you provide to us on this form for the purposes of sending you resources for the LiveSimply Award. CAFOD will keep some personal details about you on our database so we can stay in contact with you enabling us to administer and manage the LiveSimply award efficiently.

You can change your communication preferences at any time by contacting us at cafod@cafod.org.uk or 0303 303 3030. CAFOD will never share your data for marketing. For details, see our privacy statement on www.cafod.org.uk/privacy