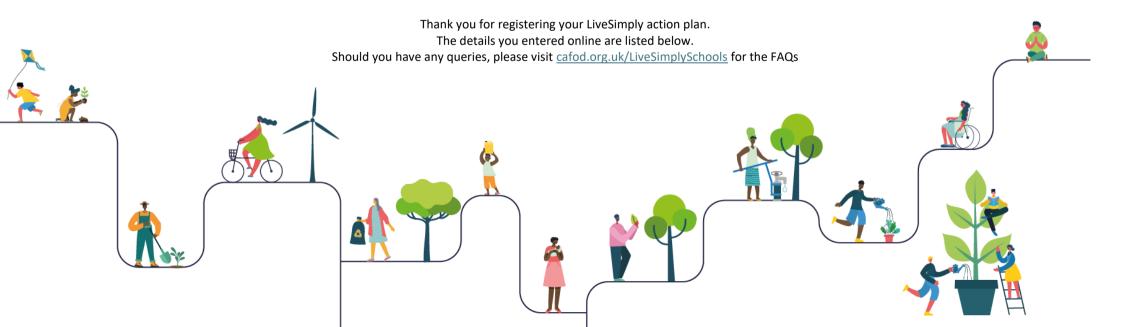


LiveSimply

SCHOOL NAME: St John's Catholic Primary School

CONTACT NAME: Alex Bingham



Your LiveSimply action plan





Global Actions

Action 1 Living in Solidarity main action

1A) ___ We will take part in the CAFOD Big Lent Walk. The whole school will take part in a sponsored walk to raise funds for, and awareness of, CAFOD's work in supporting our global family. (Living in Solidarity)

Global Faith element 1

We will take part in the CAFOD Big Lent Walk. The whole school will take part in a sponsored walk to raise funds for, and awareness of, CAFOD's work in supporting our global family. Scipture links about walking with Jesus during Lent; prayer intentions for global family. If anyone would come after me, let him deny himself and take up his cross and follow me."

-- Mt 16:24 showing that walking with Jesus means sacrifice and choosing love.

Global Learning element 1

Use CAFOD's Lent resources and global stories to show pupils how their actions support others worldwide.

How will you involve the wider community taking part in this action i.e. governors/families/parishioners/local people?

We will advertise to the school community and within the parish and encourage others to take part including sharing weekly updates towards our goals and any photos that we can share on our school platform.

Would you like a CAFOD visitor to deliver an assembly/workshop to support your CAFOD fundraising action? No visit is required

Action 2

2A) ___ We will speak out against global injustices (e.g. global food system, debt, climate) by taking part in current CAFOD campaign actions to stand in solidarity with our global (overseas) community. (Living in Solidarity)

Global Faith element 2

During Fairtrade Fortnight, the school will take part in a "Fairtrade Tuck Shop / Fairtrade Snack Day." Pupils will be encouraged to bring or buy Fairtrade snacks (e.g. bananas, chocolate, raisins, tea/coffee for staff). Posters and assemblies led by the School Council will raise awareness of Fairtrade and its role in ensuring farmers are paid fairly and can live sustainably.

- Link to Catholic Social Teaching: "The dignity of work and the rights of workers" and "Solidarity".
- Scripture link: "The labourer deserves their wages" (Luke 10:7).
- Whole-school prayer service/assembly reflecting on global family and fairness.
- Include CAFOD prayer for Fairtrade farmers, asking God to bless their work and families.

Global Learning element 2

Use CAFOD's Fairtrade resources (stories of farmers such as those growing cocoa or coffee).

- Lessons exploring where our food comes from and how Fairtrade supports justice.
- KS1: Learn about the Fairtrade logo and why it matters.
- KS2: Debate/discussion on how buying choices impact global neighbours.
- Cross-curricular links: geography (food miles), maths (comparing prices), English (persuasive writing on why we should buy Fairtrade).

Action 3

3C) ____ We will take part in Refugee Week, raising awareness and spending time in prayer for our fellow brothers and sisters forced to flee their homes overseas. (Living Simply)

Global Faith element 3

We will take part in Refugee Week, raising awareness and spending time in prayer for our fellow brothers and sisters forced to flee their homes overseas (15th - 21st June 2026).

Scripture link: "Remember those who are in prison, as though you were in prison with them; those who are being mistreated, as though you yourselves were suffering." (Hebrews 13:3) Catholic Social Teaching link: Solidarity -- recognising that we are one human family, and standing with our brothers and sisters facing persecution.

Liturgy and prayers will focus on courage, peace, and faithfulness, inspired by the witness of the martyrs.

Global Learning element 3

Cross-curricular links:

- RE: prayer, scripture on welcome/hospitality; intercessions for refugees; CST.
- PSHE/RHE: empathy, inclusion, challenging prejudice; rights and responsibilities.
- Geography: migration/climate; maps and countries of origin/hosting.
- English: letters of welcome, persuasive writing for awareness, poetry of hope.
- Art/DT: "suitcase of hope" collage; paper boats with prayers.
- Computing: create a short awareness video or digital poster.



Local Actions

Action 1

1A) ____ We will create/maintain a link with a local care home, enabling our younger and older generations to share time together (e.g. talking, playing games such as dominos, learning more about the life of our older community, hearing top tips, singing to/with them, sending cards/letters). (Living Simply)

Local Faith element 1

We will welcome Seccombe Court Care Home and Green Pastures Care Home to a coffee morning and then establish links where our chaplains and school council will go to visit and play board games with residents of the care home.

Catholic Social Teaching - Option for the Poor and Vulnerable & Dignity of the Human Person: By visiting and spending time with care home residents, pupils live out the call to see the face of Christ in every person and treat all with respect and love.

Gospel Values: Jesus teaches us to "love one another as I have loved you" (John 13:34). Welcoming and caring for older members of the community puts this commandment into action.

Prayer and Chaplaincy: Chaplains sharing prayer and companionship with residents reflects the mission of the Church to be a community of hope and joy for all generations.

CAFOD Live Simply Promise: This action shows pupils living in solidarity with others--building relationships beyond their own school community.

Virtues in Action: Pupils demonstrate compassion, kindness, and service, echoing Pope Francis' call to build a "culture of encounter."

Local Learning element 1

Relationships Education: Developing empathy, communication skills, and respect for older generations through intergenerational friendships.

RE Curriculum: Links to units on Community, Belonging, and Mission--showing the Church as the People of God reaching out to others.

History: Opportunity for pupils to learn from the life experiences and memories of residents, connecting the past with the present.

English: Practising speaking and listening skills in meaningful conversations; writing reflections or thank-you letters after visits.

Maths / Logic: Playing board games supports strategic thinking, problem-solving, and social turn-taking.

British Values: Promotes mutual respect, tolerance, and valuing contributions from people of different ages and backgrounds.

Action 2

2A) ____ Inspired by Laudato Si' pupils will organise a litter pick in the community to protect wildlife and keep the local area tidy. Where possible, litter picked will be recycled appropriately. (You may wish to start your litter pick with a prayer.) (Living sustainably)

Local Faith element 2

Linking to recycling week, our eco warriors will lead a school litter pick with links to the Common Good and our Common Home.

Catholic Social Teaching - Care for Creation & the Common Good: By taking responsibility for the school grounds, pupils show they are caring for our Common Home (Pope Francis, Laudato Si').

Stewardship of God's Creation: God entrusted the earth to humanity (Genesis 2:15). Picking litter shows gratitude and respect for God's gift.

Solidarity and Community: Working together for a cleaner, healthier environment strengthens the school family and benefits everyone.

Virtues in Action: Eco Warriors lead by example, showing courage, leadership, and service--encouraging others to make positive choices.

Prayer and Reflection: Pupils can give thanks for creation and pray for wisdom to protect it for future generations.

Local Learning element 2

Science: Understanding how litter affects ecosystems, wildlife, and sustainability.

Geography: Exploring human impact on the environment and learning ways to reduce pollution.

RSHE: Building teamwork, responsibility, and care for shared spaces.

Maths: Sorting and counting collected litter could link to data handling and graphs.

English: Writing eco-promises, posters, or persuasive speeches on reducing waste.

British Values: Taking responsibility for the environment shows respect for the law and promotes the Common Good.

Action 3

3A) We will support our local Caritas organisation by raising funds or gathering the items they need, and raising awareness of the work they do. (Living in Solidarity)

Local Faith element 3

The cost of living crisis is affecting more and more people on a daily basis. We will spend the year supporting our local food banks with a food drive around Harvest, Christmas, Easter and the summer. We share this information with our community through Parent Hub and the school's newsletter. Pupils will be involved in collecting and sorting the donations as well as helping deliver them to the food bank.

CST links - Human dignity, solidarity, preferential option for the poor. We will also consider the work of St Francis for Live Simply (simplicity, creation), St Vincent de Paul / St Louise for Live in Solidarity (charity work), St Oscar Romero for global justice.

Local Learning element 3

We will ask a representative from the food bank to come and speak to the children here in school to explain more about their work and how they help those living in poverty and in need in Banbury.



School Actions

Action 1 - Living Simply main action

1A) ___ We will create/develop a prayer garden/outdoor spiritual space involving all pupils in some way (e.g. design, creation, prayer stones, planting bulbs, scattering seeds, creating prayers, leading worship). (Living simply)

School Faith element 1

The chaplaincy team will help to design and create an outdoor prayer space, building on the existing memorial for a former pupil. This space will provide pupils, staff, and visitors with a quiet place for prayer, reflection, and remembrance. It will also enhance the school grounds, making them a more peaceful and welcoming environment.

Scripture link: "Be still, and know that I am God." (Psalm 46:10) -- highlighting the value of stillness and prayer.

Catholic Social Teaching link: Dignity of the Human Person -- recognising that every person's spiritual and emotional well-being matters.

Chaplaincy liturgy/ Fr Philip (Parish Priest) to bless and dedicate the prayer space, involving pupils and parish.

School Learning element 1

Pupils will reflect on the importance of prayer and stillness in the Christian life.

Links with RE lessons on different forms of prayer and ways of encountering God.

Eco links: children will see how caring for and beautifying the school environment can support spiritual well-being.

RSHE links: understanding mental health, peace, and mindfulness.

How will you involve the wider community taking part in this action i.e. governors/families/parishioners/local people?

The Common Good: By inviting parents, parishioners, or local groups to join the litter pick, pupils live out Catholic Social Teaching by recognising that caring for creation is a shared responsibility.

Our Common Home (Laudato Si') - Pope Francis calls us to "work together to care for our world." Community involvement shows children that everyone can play their part.

Mission of the Church: Acts of service that go beyond the school gates reflect the Gospel call to be a light in the community.

Intergenerational Solidarity: Working alongside parish and local residents helps pupils see that protecting creation unites all ages.

Promoting the event (e.g., posters, newsletters, parish notices) helps pupils practise persuasive and informative writing.

Action 2 – Living Sustainably main action

2A) ____ We will develop a culture of buy less, share more (e.g. pupils will hold pre-loved book/toy/clothes swaps). (Living Sustainably)

School Faith element 2

Catholic Social Teaching - Stewardship of Creation: By reusing and sharing items, pupils show respect for God's resources, avoiding waste and protecting the planet.

Solidarity & The Common Good: Sharing pre-loved items ensures everyone benefits, especially those who may not be able to buy new things.

Living Simply: This action echoes CAFOD's call to live simply, sustainably, and in solidarity with others.

Scripture Connection:

"There is more happiness in giving than in receiving" (Acts 20:35).

"They had everything in common" (Acts 2:44) - early Christians shared possessions and lived in community.

Virtues in Action: Promotes generosity, gratitude, humility, and kindness by valuing what we already have and finding joy in sharing.

School Learning element 2

Geography: Exploring global links -- how overconsumption affects people and environments around the world.

Science: Understanding the environmental impact of waste, recycling, and the lifecycle of materials (plastics, fabrics, paper).

Maths: Pupils can tally and categorise swapped items, linking to data handling and statistics.

English: Children can create posters, persuasive writing, or reflection pieces about the importance of sharing and reusing.

Design & Technology / Art: Encourages creativity in re-purposing or upcycling pre-loved items.

British Values & Citizenship: Promotes responsibility and active participation in making the school a fairer, more sustainable community.

How will you involve the wider community taking part in this action i.e. governors/families/parishioners/local people?

Families can be invited to contribute pre-loved items, making it a whole-school and parish action.

Local charities could benefit from any leftover items, reinforcing the message of solidarity.

The event can be shared in newsletters, parish bulletins, and social media to inspire sustainable living beyond the school.

Action 3

3C) ____ Inspired by Laudato Si' we will help protect the environment by cutting our carbon footprint, encouraging walking/scooting/cycling to school and appreciating our environment (e.g. pupils to look for God's creations on their journey and share what they have spotted). (Living Sustainably)

School Faith element 3

Promote walking, cycling, and scooting to school to reduce traffic and increase safety in our local area. We will hold a "Walk/Cycle/Scoot to School Day" in March, as the days get longer and we move into Spring, encouraging families to take part together.

Scripture link: "Let us walk in the light of the Lord." (Isaiah 2:5) -- connecting the act of walking with choosing a positive path together.

Catholic Social Teaching link: Care for God's Creation -- making small choices that protect the environment, reduce pollution, and promote health.

Include prayer intentions for safety on our roads and gratitude for God's gift of creation.

School Learning element 3

Children learn about the benefits of active travel (health, safety, environment).

Links with science (healthy bodies), geography (local environment and reducing pollution), and RSHE (community responsibility).

Eco-warriors can lead the campaign and collect feedback on its impact.



Main Actions

Living Simply

1A) ___ We will create/develop a prayer garden/outdoor spiritual space involving all pupils in some way (e.g. design, creation, prayer stones, planting bulbs, scattering seeds, creating prayers, leading worship). (Living simply)

Living Sustainably

2A) ____ We will develop a culture of buy less, share more (e.g. pupils will hold pre-loved book/toy/clothes swaps). (Living Sustainably)

Living in Solidarity

1A) ___ We will take part in the CAFOD Big Lent Walk. The whole school will take part in a sponsored walk to raise funds for, and awareness of, CAFOD's work in supporting our global family. (Living in Solidarity)

School/Contact Details

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